

## Minutes of Committee Meeting

Tuesday 28th March 2023 20:15 Rugby Club

Meeting Open 20:16

Present: MT,AT,MB,GM,SE,JR,JM,PJ,JM,SN,PH,AY,CG,DG

- Welcome by the chair.
  - Welcome by the chair.
  - The chair wished to place on record a big thankyou to Stuart Richards who stopped and assisted a runner in medical need at the Falmouth half.
- Apologies for absence: SG,IW,MR,CT
- Previous minutes from meeting on 21.2.23 were circulated beforehand and all present were happy that the minutes were a true and accurate record.
- Membership report:
  - o Current membership 198.
  - New membership due from 1<sup>st</sup> April.
- Treasurer's report:
  - o Bank balance at 28th March £14,000.56.
- Secretary's report:
  - Renewal of England Athletics affiliation for 2023/24 £150.
- Racing, Coaching, Training & Captain's/Vice-captain's update:
  - o Good turnout and results continue for both ladies and men.
  - o Mens vice-captain needed.
- Run/Walk/Track update:
  - o Run/Walk going well with a steady group. Slightly less keen in the 0-5k group.
  - o Track beginners on Mondays going well with good attendances.
  - Track on Tuesday is less well attended. More promo to be done.
- Leaders and Coaching
  - A few LIRF courses to be done.
  - To be added to agenda for pushing at each meeting.
- Club Races:
  - o Imerys. Date will be 14th May 2023. Entries are down. Everything else on track.
  - Trial of run at Menabilly. 27<sup>th</sup> June 2023. Still to be reced.
  - o Eden 15<sup>th</sup> October 2023. Entries opening soon.
- Publicity & Website:
  - Website is attracting a steady stream of visitors.
  - o Race calendar and stats are being kept up to date.
- Welfare:
  - Nothing new to report
  - Meeting to be held to cover a number of welfare issues. Eg. Accident reporting, first aid kit and carrying phones on runs.
- Social:
  - Summer bbq need to start thinking about it. More info needed in advance to attract a bigger crowd.

- o Potential for run from café at Trevithick and Trays.
- Any Other Business (discussed but not covered above)
  - o Saint's Way run could be 28th May or 4th June to avoid clash with Trevornick.
  - Club kit more stock needed. Could move to a regular order basis. All agreed that this
    would be a good move.

Next Meetings: 9.5, 13.6, 1.8, 12.9, 17.10, AGM 9.11, 5.12.

Meeting concluded at 21.21.