



Minutes of Committee Meeting

Tuesday 11th June 2024. 20.15 St Austell Rugby Club

Fixed Items

1. Welcome and Chairman's report

Welcome to those present, Thank you to Chris, Andy and Jo for a successful quiz night, thanks to Doug and group for the new route to replace Imerys. Lorraine is making good steady progress and would like to continue on the committee to help with the club

2. Apologies for absence. MN,DS.TW,LH,MB,CG,DG,MT,AT

3. Review of minutes of last meeting

Minutes OK from last meeting

4. Membership report

88 members 50 no licence, will send out another prompt to past members to renew their membership

5. Treasurer's report

No report

6. Secretary's report

Nothing to report

7. Racing, Coaching, Training & Captain's/Vice-captain's update

Mens Captains Report

With not many GP and MTRS races in May, I didn't think that I'd have much to add this month. How wrong was I.

GP series

Trevornick – another really good turn out from the club.

Ryan coming in third in his age category

Both Malcolm and Iain coming first in his age category

GP Series Stats

Mark Sweeny 4th and Stu 5th in the men's table.

Ryan 3rd Brad 4th in age cat

Stu 2nd in age cat

Christopher Baggot 2nd in age cat

Mike Counter 3rd in age cat

Mark Sweeny 3rd in age cat
Malcolm Roberts – 3rd in age cat

4th in men's team table .

MTRS

No races since the last committee meeting but the final three races of the season will all be held in June.

MTRS Series Stats

James Youlden 2nd overall, Brett Jackson 3rd overall in men's standings

Brad 2nd in age cat, David Tregonning 3rd in age cat

Brett Jackson 1st in age cat, Jamie 3rd in age cat

James Youlden 1st in age cat

Antony Jarvis 1st in age cat, Denzil 2nd in age cat#

Derren Blewett 2nd in age cat

Iain Walker 2nd in age cat

The men's team are second in the overall points table. We'll be encouraging members to race in the next three races to hold onto this position and even try to fight Truro for first!

Elsewhere

Mike Counter and Derek Thomas went to see Take That together.

Iain Walker completed the South Downs Way 100 mile race.

Andy Rich because the hostess with the mostest in the STARC quiz.

Lots of really positive feedback from members who attended the Saints Way.

Paul and Matt took part in the Classic Quarter with Jon tackling the third quarter.

Doug led two runs over Bodmin Moor. A ten miler and a 17 miler. These runs and the Saint's Way provided great opportunities to meet club members who they'd maybe not run with before, to run in new places and maybe run a little further than before.

I'd personally like to thank Doug for his endless knowledge bank of routes with Craig Varcoe and I recently reusing a route that Doug had shown me last year.

Ladies Captain Report

PG Boscastle Scrabble - Beckie Shore, Emma Lawry, Claire Todd and Gemma Pateman
The Arctic Run marathon - Gill Overall
Saints Way with many amazing mileages, Jo, Alison, Sarah, run/walkers!

Classic Quarter - Karina Bowers and Sophie Street 3rd Female
Edinburgh Marathon - Jules Williams, Sam Ewart and Shell Dunn
Trevornick 10K

GP

3rd Female - Debbie Marshal

Age cats -

4th - Jodie Gauld

1st - Debbie Marshal

2nd - Sam Ewart

1st - Janet Wills

MTRS

Age Cats

1st - Gwen Maggs

2nd - Izzy Irwin

1st - Emma Lawry

2nd - Jacqui Martin

3rd - Beckie Shore

2nd - Janet Wills

8. Run/Walk Group update

Sarah and Alison did really well at the annual Saints Way and quite a number of the monday group met along the route, nice to see so many joining in. The spring tour has proved popular again, a summer tour will be happening the end of July

9. Leaders and Coaching

A session with Doug to help with structured session to be organised, also the EA are planning a Coaching course if enough people are interested

10. Club Races

Imerys recce done, good course, a variety of terrain, GPS and risk assessment sent to Imerys waiting to hear back from them, also waiting on the brewery to come back about using that as a start if not to contact the college, Date for the run maybe Nov with an aim for it to be in the MTR next year possibly Aug but need to see where it will fit into the series, not heavy on marshalls and no road closures, 3 water stations 1 used twice.

Gribbin 10K all ready, David Hatch adjudicator contacted, wants to walk the route, lots of marshals but will request help if needed once the marshal points have been filled if any more are required, advertise medal when it arrives, check route and do a recce, Gwen's dad happy to help with any metal that needs cutting, collect tags and timing equipment from Truro after run and hold until Gribbin, contact Richard regarding the race again to ensure he is in the loop of what is happening.

Eden licence in place, road closure, early bird entries all done, Jo, Gwen and Sam doing marshals, cadets have been approached regarding the water station.

11. Publicity & Website

News letter in July

12. Welfare

Look in to 2nd claims and the impact that they have on the club and its members, in the past this has been something that predominantly only happened with people that were in the forces and wanted to run for the club when in the area, the details of a 2nd claim has been blurred of late but as a club if anyone is joining as a 2nd claim it should be that they want to represent the club in some way and not just join to perhaps gain the benefits of being a STARC member. The 2nd claim requirements have been documented and added to the constitution, also the membership form to be amended and also added to the hand book, that any 2nd claim should be from out of county unless there are

extenuating circumstances and the way they are representing the club, and wish to represent the club when in the area, and we are to revert back to all new memberships and lapsed memberships to go through the committee before being accepted, we need transparency and consistency on our membership process

13. Social

Quiz night was a great success and raised 212 pounds, possibly another one in September, limit numbers, BBQ at Par Inn to be organised hopefully in August, need to contact them and arrange this, also to find out the cost of doing this and whether we will need to charge for this event. local charity to benefit from some of the money raised this year is the Brain Tumor Support group, 25% of any funds raised, choose another charity next May for the following year,

Any Other Business

Members to advertise businesses in the newsletter, click to approve posts, No advertising in the facebook pages, but information on up coming races is OK. Look into sew on badges with the club logo on and badges, organise a feather banner with club logo on, Charlestown Tri club presence, Caerhays 5k run

July 27th Park run take over by STARC

Meeting finished 22.05

Next Meetings: 30.07.24, 10.09.24, 15.10.24, AGM 07.11.24, 03.12.234

All committee meetings at Tuesday 20.15 – Rugby Club.

AGM on Thursday in November 19.00 – Rugby Club. (Proposed date above)